

PL VLB & B 26: Session: 4: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 13:20 untill 14:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Punder Wout

Coaches: Sevenants Marc

Coaches: De Decker Tania HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:44
Heat: 8/10 Lane : 7 Athlete: DESMET STERRE					Q-time: 01:12:88
PB (25m pool): 01:12.88 Hannuit 28/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.88	
	no time				
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:35
Heat: 8/10 Lane : 1 Athlete: DESMET STERRE					Q-time: 01:12:72
PB (25m pool): 01:12.72 Temse 17/11/2025					PB (50m pool): 01:15.11 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.51		01:12.72	
	00:35.51		00:37.21		
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:40	
Heat: 1/3 Lane : 4 Athlete: CHABOTTIER LARGO							Q-time: 02:55:46	
PB (25m pool): 02:55.46 Tervuren 30/05/2026				PB (50m pool): 02:54.93SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.63		01:23.69		02:10.30		02:55.46
	00:38.63		00:45.06		00:46.61		00:45.16	
								

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+			Heat:1, starttime: 16:34
Heat: 1/9 Lane : 4 Athlete: CHABOTTIER LARGO			Q-time: 00:29:41
PB (25m pool): 00:29.41 Hannuit 28/03/2026			PB (50m pool): 00:30.48 SB: 00:30.14 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:29.41	
		00:29.41	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:2, starttime: 16:35
Heat: 2/9 Lane : 6 Athlete: VAN GORP LUCAS			Q-time: 00:28:86
PB (25m pool): 00:28.86 Zwembad De Wauwer 13/09/2026			PB (50m pool): 00:29.48 SB: 00:28.86 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:28.86	
		00:28.86	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:44
Heat: 2/4 Lane : 3 Athlete: AMADOU CAMILLE			Q-time: 00:37:26
PB (25m pool): 00:37.26 Hannuit 28/03/2026			PB (50m pool): 00:37.82 SB: 00:38.52 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:37.26	
		00:37.26	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:44
Heat: 2/4 Lane : 7 Athlete: LAENEN FEBE			Q-time: 00:38:53
PB (25m pool): 00:38.53 Bree 01/06/2025			PB (50m pool): 00:40.68 SB: no time
	2 5 M	5 0 M	
PB		00:38.53	
		00:38.53	
			

Coach feedback:

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Event number: 37: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 16:56	
Heat: 2/3 Lane : 3 Athlete: TEAM KLSVZ							Q-time: 02:06:15	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 38: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 17:04	
Heat: 2/3 Lane : 6 Athlete: TEAM KLSVZ							Q-time: 02:13:18	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: